

Catch Your Breath

...the refreshing rain will soon end...

by Kat Rowoldt

[Remembering Wednesday, November 8, 2017]

The gentle rain that has been falling all day has been such a wonderful refreshing to my spirit. It's a calm, quiet, hush to my overstuffed and busy daily life. I'm soaking up every moment of it. Calls are being redirected to voicemail. The world has been put on hold for "me," for my much-needed moment of being "off" the grid. I so needed a day just like today. Yes - this is a "special ordered" day, a gift from God.



Today, a homemade bowl of chili, no makeup, no meetings, no demands for my attention, and my comfy pjs are just what I have been longing for, for such a long time. Today, I recover from my fifteen-hour day yesterday working the Texas Constitutional Proposed Amendments election from 5:45 a.m. until 9:00 p.m. About 100 people out of our 105,000 population of San Angelo were involved in making sure rights to vote were carried out in an orderly and productive manner.

The world awaits and demands my return tomorrow. But that's tomorrow. Today I have a pause button in hand.

Tomorrow we will ponder the horror that is quickly invading our country: Las Vegas, New York, Sutherland Springs. We will remember the voters who commented they had no clue about the amendments they had come to vote on. "Why weren't the amendments explained on the ballot?" one asked. "Wasn't it a candidate race?" another commented. Tomorrow our community will lay to rest a dearly loved first responder who chose to end his life on Monday. Tomorrow all the wheels of life will return to usual speed and keep moving forward. Life continues.

But for today... shhh.....

My inner spirit is resting and restoring itself, preparing for what tomorrow holds. It's considering what should be placed as priorities, and what things can wait. Adjustments may need to be made. Listening quietly to my Savior speaking to my spirit. I yield and yearn to be His vessel.

Thank You Lord for this day. I needed this. I needed the calm, the quiet, the peace. My soul rejoices. My spirit recharges. My body heals from the stress of life.

Until next time...

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