

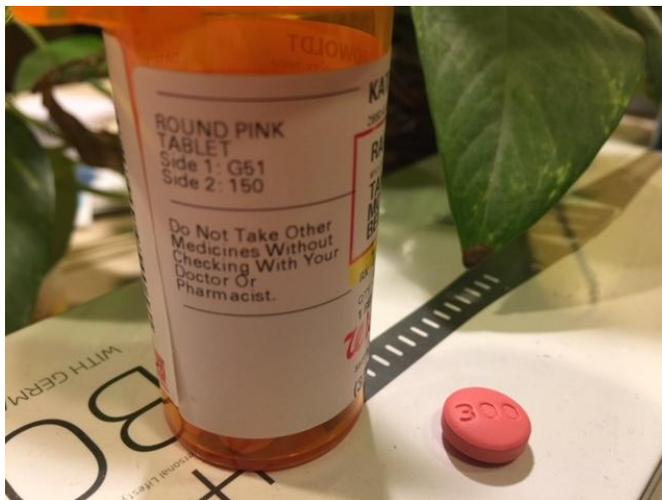
What's In Your ~~Wallet~~? *What's In Your Pill* *Bottle?*

...look before you swallow...

by Kat Rowoldt

It was my nightly routine. Nothing out of the ordinary. But...something in my spirit said "STOP!"

I pulled from the cabinet my bedtime meds, which included the refill prescription my husband had just picked up from the pharmacy that day. Something seemed different about the pill. It was the right color. It was the right shape, but it appeared to be larger than usual. I was tired, it was late, but it caused me to pause and decide I could skip that one until I checked further in the morning.



At my pharmacy, I had noticed on the bottle that they had been noting the description of the pill inside on the label. I never gave any thought to that before, but it caused me to go grab that new bottle and look further.

As shown in the picture to the left, the label describes the pill as round pink (correct), one side has G51 (correct - see above), and the other side says 150 (WRONG!). My pill had 300 on it.

The next morning when I called the pharmacy, I learned that they had accidentally put 300 mg into my bottle instead of the correct 150 mg - therefore it was TWICE the dosage that I had been prescribed.

They were horrified at the mistake. I was relieved that I had paid attention to the prompting in my spirit to not take it. All is well.

So...make sure what is in your pill bottle before you pop that pill! Words of experience!

Until next time...

Kat Rowoldt

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