

*...and you
need to know...*
**MORE INFO ON
STEM CELLS**

By Kat Rowoldt

The response from my personal story with stem cells has been amazing. I am so delighted to share my story in order to bring hope to so many others. From the response I have received, I realized there are a few other things I need to share. Those who missed my story, you may [click here](#) to read it.



I really need to update my story, as I continue to hit new milestones and have to celebrate the victory. One of my latest and most exciting is my right knee. The x-rays showed my doctor that I needed a complete knee replacement. Bone-on-bone is very painful and when that cartilage is gone, it's gone. UNLESS...you have some amazing stem cells from heaven which can start re-growing the missing cartilage. Two weeks ago, I suddenly discovered myself walking like I did thirty years ago!!! I danced a little jig in the middle of my living room. I was pain free. It was a little jig, way too soon to expect that it is fully healed, so danced with caution.

This is one of the things I believe I need to talk about. For whatever reason, God has seen fit to bless me with EXTREMELY quick results, which are not always typical. I have to constantly remind myself the results I'm experiencing are in the infancy, they still need to mature. Typically, things dealing with bone and spine take a minimum of 3-6 months to start seeing results. My right knee celebration happened at two months and two days - way early. And...it's just the beginning of the healing. It's not the finish line.

Everyone's body is different. Some will be like me and see results quickly, others may take longer, depending on your body. Most knees, I've been

told, usually take around two months on an average. Sounds like mine was right on target. None of us know exactly what is really going on inside of our bodies, but God does. Those stem cells know where to go and what to do. One thing we do know, stem cells are immuno-modulatory, they go after degeneration, they are anti-inflammatory, and they help the body to build, repair, and even grow new tissue. What a miracle!

Human nature is such that when we feel the “healing,” we want to think and act and do like it is completely healed, while in reality we are beginning to experience the BEGINNING of the healing process. Those who jump back into playing golf (for example) full force at only a month in, may actually add more damage to their knee. We need to be patient and allow the complete time frame of 9 months to a year for the complete healing to come into being. Patience can be hard - but foregoing knee replacement surgery, rehab, and all that expense is worth walking it out slowly.

This past week I actually walked up two flights of stairs with friends and then back down again without any problem. It's been twenty years since I did that with ease.

The other thing which came to mind I feel people need to realize, is there are various types of stem cells. You'll hear friends talk about someone they know who did stem cells and did not get the amazing results. My first question is always, “what kind of stem cells did they receive?” That's the million-dollar question which can make all the difference in the results.

I've always been amazed at the wonder of how God created our bodies to heal themselves. Skinned knees scab over, paper cuts hurt like crazy but heal so quickly, broken bones reknit themselves, and it's shocking at how quickly a bit tongue will heal itself. Our own stem cells are racing to the rescue to heal our broken body parts. As we age, the process of healing takes longer, and we don't bounce back as quickly as we did as a child. It turns out, the number of stem cells in our body dramatically decreases as we age. We used them up - some of us faster than others, I think.

The stem cells in our bodies came straight from heaven, they have been amazing, and served us well for a long time. But to be honest, mine were tired and worn out. They no longer had a skip in their step, or a sparkle in my eye. They had aged and like an old rechargeable battery, I can keep

trying to recharge it, but it will never hold a charge like it once did. Sometimes we have to replace a rechargeable battery.

Stem cells in use today come from various sources. Knowing what kind of stem cells you will receive is crucial. Let me share some information in my laymen terms with you.

Fetal/Embryonic -

These are illegal in the United States, but not in other countries where some people have traveled to get stem cells. These are from aborted babies. Very controversial, moral issues, and someone died in order for you to get these cells.

Amniotic Fluid -

This is extracted from the amniotic sac by amniocentesis. They have found that these can cause allergic reactions, the concentration is inconsistent, large portion is cellular debris causing an unverifiable stem cell count. These do not have CD34 or Mesenchymal Cells which are critical.

Placental -

This is extracted from the placenta by amniocentesis. Once again, these are found to cause allergic reactions, the concentration is inconsistent, large portion is cellular debris causing an unverifiable stem cell count. These too do not have CD34 or Mesenchymal Cells.

Autologous -

Patient's own stem cells are collected through surgery and typically the expense on this type can run \$25,000-\$45,000 or more. This requires surgery and everything that involves, very expensive and invasive, not potent enough for substantial difference, especially depending on the patient's age and health.

Umbilical Cord Stem Cells (Infiniti Cells)

These are a gift from a donor baby that was a live healthy birth who sustained no trauma or stress during gestation and delivery. They are straight from heaven, like our original set of stem cells were. They have the CD34 and Mesenchymal Cells.

The FDA requires 5 screenings. Infiniti Cells undergo 17 screenings and around 90% of them do not pass the scrutiny and are discarded. Those who make it through the process provide:

- Immune system privileged - anyone can be treated.

- Best regenerative capabilities. They seek out degeneration and build, grow, and create new tissue.
- Best anti-inflammatory activity, immune modulating capacity, and optimum ability to stimulate regeneration.
- Can be administered multiple times in uniform dosages that contain high cell counts.

My stem cells were Infiniti Cells. I believe I found the best. My husband has now received stem cells. He is a multi-spine surgery and shoulder injury life-long construction guy. I can't wait to share his story as it unfolds.

To me there is one more very important aspect to this. We talk about stem cells and the wonders which come to pass and it's rather clinical in nature. But I was very moved when I received mine and found myself for several days praying for the baby and mother who donated these cells for me. God knew they would do this. He also knew I would be the recipient of them. To me, they are His gift to me once again straight from heaven. Prayer is key to success. We need a thankful heart. When Jesus healed while He walked on this earth, it was very important to Him for the lepers to return and say thank you for their healing. Those who did were made whole. I believe it is still important to Him. I am so very thankful.

If you are considering checking this out, Shirley Williams will be returning to San Angelo on September 5th at 6pm. If you would like to attend, please let me know. We had a full house last time, and it may be even bigger this time. We are keeping a headcount to make sure we can seat everyone. Please email me back and let me know how many will be attending. I hope to see you there!

Until next time...

Kat Rowoldt

Christian Reporter News

www.ChristianReporterNews.com

[If you enjoyed, please forward to a friend and share!](#)

© 2011-2019 CHRISTIAN REPORTER NEWS. Kathryn G Rowoldt - all rights reserved. You are welcomed to forward and share this with friends and family, but all rights are reserved, and no part of this material may be published in any form without written consent from the CHRISTIAN REPORTER NEWS.